



# THE WOODEN PESTLE

RESTAURANT & BAR

## Starters / Soups

### HOMEMADE SOUP OF THE DAY €7.75

Fresh Cream Soup of the Day served with Brown Bread  
(1a,1d,7,9)(V)

### MUSHROOM, PEA & SOY RISOTTO (V,VG) €11.00

Finished with Butter, Parmesan & Cream  
Vegan option available (6,8d,7,9)

### GOATS CHEESE BLAA (V) €12.00

On A Baby Leaf Salad with Dried Cranberries, Toasted  
Walnuts, Pesto & Balsamic Reduction (1a,7,8d,9,11,12)

### FRIED CHICKEN WINGS €12.00

Locally produced Chicken Wings, Tossed in Franks Hot Buffalo  
Sauce, Toasted Sesame Seeds, Celery Sticks with Blue Cheese  
Dip (3,7,9,11,12)

### CREAMY SEAFOOD & SHELLFISH CHOWDER €12.00

(Main Course Size) €16.00  
Served with Brown Bread (1a,2,4,7,9,12,14)(C)

### PRAWN & CHORIZO PIL PIL €14.00

In a Chilli & Garlic Butter Served with A Charred Ciabatta  
(1a,2,4,9,10,12,14)

### CAJUN CHICKEN & BACON CAESAR STYLE SALAD

(Starter Size) €12.00 (Main Course Size) €16.00

Cajun Chicken, Bacon Lardons, Cherry Tomato, Parmesan  
Cheese & herb croutons on a bed of Fresh cos Lettuce with  
Caesar Dressing (1a,3,7,10,12)

### ASIAN BEEF SALAD €13.00

Strips of beef, tossed through Mixed Leaves, Radish, Cucumber,  
Mint, Coriander, Cashew Nuts, Chilli Flakes drizzled with an  
Asian dressing (6,8d,9,11,12)

## Main Course

### 8oz SIRLOIN STEAK €33.00

Irish Angus Sirloin Beef Steak Cooked to your liking,  
Served with Sauté Button Mushrooms & Onions,  
Chips – choice of Peppercorn Sauce or Garlic Butter (7, 9,12)  
(€8 Supplement on package)

### 8oz IRISH BEEF BURGER €19.50

Irish Angus Beef Burger with Bacon, Smoked Cheese, Jalapenos,  
Chorizo Jam, Served with Golden Fried Chips (1a, 7,10,12)

### BUTTERMILK CHICKEN BURGER €19.50

Succulent Breast of Chicken, Bacon, Smoked Cheese, Jalapenos  
Chorizo Jam, Served with Golden Fried Chips (1a,3,7,9,10,12)

### VIKING THAI GREEN CURRY €19.50

Chicken, Green Beans & Red Onion in a Green Curry Sauce,  
served with Chips or Rice (6,7,8d,9,12)

### Or Seafood (2,4,6,7,8d,9,12,14) €23.00

Vegan Option Available  
with Potato, Tofu and Chickpeas (6,8d, 9,12) €19.00

### BANGERS & MASH €17.00

Pork & Leek Sausages Served with Creamed Potato,  
Onion Gravy & Braised Red Cabbage (1a,3,6,7,9,12)

### MEAT FEAST PIZZA €19.50

Homemade Tomato Sauce, Creamy Mozzarella, Sliced  
pepperoni, Cajun Chicken, Diced Chorizo, Red Onion,  
Chili Flakes (1a,6,7,9,10)

### MARGHERITA PIZZA €17.00

Homemade Tomato Sauce, Creamy Mozzarella, Semi Blanched  
Tomatoes and Rocket leaves (1a,6,7,10)

### CATCH OF THE DAY & CHIPS €19.50

Golden Fried Battered Fillet of Fish Served with  
Lemon & Lime Mayo, Petit Salad & Golden Fried Chips  
(1a,2,3,9,10,14)

### CARBONARA PASTA €17.50

Penne Pasta with Bacon Lardons, Mushrooms bound in a White  
Wine Cream finished with Parmesan Cheese served with  
Garlic Bread (1a,6,7,10)

### SIZZLERS - CHICKEN €18.50 - BEEF €20.50

Tender Cajun Chicken or Beef Strips, wok fried with Stir Fried  
Vegetables in a Cajun & Sweet Chilli sauce topped with Bean  
Sprouts (1a,6,9,12) Served with Twice cooked Chips or Rice.  
Vegetarian Option Available €18.00

### SLOW BRAISED BEEF €23.00

Served in Yorkshire pudding with Creamed Potato Vegetables  
and Roast Gravy (1a,3, 6, 7, 9,12)

### FILLET OF FISH €23.50

Fish of the Day on Baby Leaves garnished with a Lightly spiced  
pepperanti, garnished with roasted Lemon Wedge  
(2,4,7,9,12,14)(C)



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## Side Orders

Golden Fried Chips (1, 7, 12)	€4.75	Fresh Seasonal Buttered Vegetables (7)	€4.75
Seasoned Potato Wedges (1, 7, 12)	€4.75	Viking House Salad	€4.75
Buttered Baby Potatoes (7)	€4.75	Lettuce, Tomato, Peppers, Onion, Honey & Mustard Dressing (10)	

## Desserts

HOMEMADE APPLE SPONGE	€8.00	BANOFFEE SABLE	€8.00
Served with custard & fresh cream (1a, 3, 7, 12)		Finished with Toasted Almonds (1a, 3, 7, 8a, 12)	
ETON MESS	€8.00	WARM CHOCOLATE FUDGE CAKE	€8.00
(1a, 3, 7, 12)		Served with Chocolate Sauce (1a, 3, 5, 6, 7, 8, 12)	

## Hot Beverages

Tea	€3.75
Herbal Tea	€4.00
Americano	€3.75
Café Latte / Cappuccino	€4.00
Espresso / Double	€4.00 / €7.00
Flat White	€4.00

## Speciality Coffees

Irish Coffee	€8.00
Baileys Coffee	€8.00
French Coffee	€8.00
Calypso Coffee	€8.00



### LIST OF ALLERGENS:

- |   |               |       |        |           |            |                            |   |          |            |                 |                    |          |             |              |
|---|---------------|-------|--------|-----------|------------|----------------------------|---|----------|------------|-----------------|--------------------|----------|-------------|--------------|
| 1 Cereals/Gluten - (1a Wheat, 1b Rye, 1c Barley, 1d Oats) | 2 Crustaceans | 3 Egg | 4 Fish | 5 Peanuts | 6 Soybeans | 7 Milk (Including Lactose) | 8 Nuts - (8a almond, 8b hazelnuts, 8c walnuts, 8d cashew, 8e pecan, 8f Brazil, 8g pistachio, 8h macadamia/Queensland) | 9 Celery | 10 Mustard | 11 Sesame Seeds | 12 Sulphur Dioxide | 13 Lupin | 14 Molluscs | ∨ Vegetarian |
|---|---------------|-------|--------|-----------|------------|----------------------------|---|----------|------------|-----------------|--------------------|----------|-------------|--------------|