



# THE WOODEN PESTLE

RESTAURANT & BAR

## SOMETHING LIGHT

### HOMEMADE SOUP OF THE DAY €4.95

Fresh cream soup of the day served with Guinness brown bread and Irish creamery butter (1,7,9) (V)

### CHILLI & GINGER SPICY CHICKEN WINGS €7.95

Locally produced chicken wings, tossed in a chilli and root ginger sweet sauce, served with ripe avocado and spring onion crème fraiche (7,12)

### CAJUN CHICKEN & BACON CAESAR SALAD (STARTER) €8.75 (MAINS) €13.00

Tender strips of Cajun chicken and diced bacon, slow roast cherry tomato, shavings of parmesan, homemade herb croutons served on a bed of fresh baby gem lettuce and drizzled with classic Caesar dressing (1,3,5,6,7,10,12)

### SEAFOOD CHOWDER €7.50

Smoked Atlantic haddock, chunks of salmon darne, white Atlantic cod, salty Dungarvan mussels and soft herbs, served with Guinness brown bread (2,4,7,14) (C)

## STEAKS, BURGERS & CURRYS

### 8oz SIRLOIN STEAK €19.95 (€7.00 package supplement)

Irish angus sirloin beef steak served with sauté button mushrooms, homemade Spanish onion rings and double cooked chips (1,6,7,12)  
Cooked to your liking, served with peppercorn sauce or garlic butter

### 8oz IRISH BEEFBURGER €14.95

Irish angus beef layered with iceberg lettuce, slice tomato, special Viking relish, caramelised onions, Viking house salad & golden fried chips (1, 7, 10, 12)

### SEAFOOD THAI GREEN CURRY €17.95

Seared Atlantic prawns & Seatrout with wilted spinach and sweet red pepper in a creamy green curry sauce served with coriander naan bread. Served with a choice of fries or rice (1, 2, 4, 6, 7, 12)

### GRILLED FLAT MUSHROOM BURGER €12.95

Grilled flat cap mushroom, matured smoked cheddar & pickled red pepper relish served in a soft brioche bun with deep fried golden potato wedges (1, 7, 10, 12)

### HOMEMADE THAI GREEN CHICKEN CURRY €15.50

Succulent chicken fillet, green beans and red onion in a creamy green curry sauce served with coriander naan bread. Served with a choice of fries or rice (1, 6, 7)

**All our Beef Products are Irish.**

The numbers below list the allergens that are contained in dishes above. 1-Cereals Containing Gluten 2- Crustaceans 3-Egg 4-Fish 5 – Peanuts 6- Soybeans 7-Milk (including lactose) 8-Nuts 9-Celery 10-Mustard 11-Sesame Seeds 12-Sulphur Dioxide 13-Lupin 14-Molluscs



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## FISH

### BEER BATTERED FILLET OF HADDOCK €15.50

Golden pale ale battered fillet of Atlantic haddock, served with sweet pea and mint purée, pickled gherkin, tartare sauce and golden fried chips (1,4,12)

### GRILLED DARNE OF SEATROUT €16.50

Seatrout drizzled with basil pesto, served with buttered baby potatoes, seasonal vegetables and garnished with a roasted lemon wedge (4,7) ( C )

## VIKING PIZZAS & PASTA

### MEAT FEAST PIZZA €14.50

Sliced pepperoni, matured smoked salami, Italian sausage, sweet red onion, wild basil and chilli oil (1,7,10)

### PLUM TOMATO & RED PEPPER SPAGHETTI €14.00

Spaghetti served in a sweet tomato, wild basil and roasted red pepper sauce, accompanied with wilted spinach and garlic flatbread (v) (1,)

### VEGETARIAN FEAST PIZZA €13.50

Creamy buffalo mozzarella, brie cheese, button mushroom, sweet red onion, pepper and rocket leaves (1,7,10)

## SMOKEY SIZZLERS & ROASTS

### CHICKEN OR BEEF SIZZLERS €14.95

Tender marinated Cajun chicken strips or Cajun beef strips, with stir fried Mediterranean vegetables served in a sweet Cajun & aromatic chilli sauce (1,6,9,12)  
Served with chips or rice.

### ROAST SIRLOIN OF IRISH BEEF €14.50

Served with seasonal selection of vegetables & potatoes, roast gravy, and Yorkshire Pudding (1, 6, 7, 10, 12)

## SIDE ORDERS

### Golden fried chips (7,12) €3.50

### Beer battered Spanish onion rings (1,3,7,12) €3.50

### Fresh seasonal buttered vegetables (7) €3.50

House side salad -Lettuce, Tomato, Peppers, Onion, Honey & Mustard Dressing (10) €3.50

### Golden fried potato wedges (7,12) €3.50

### Sweet potato fries (7,12) €3.50

### Buttered baby potatoes (7) €3.50

## DESSERTS

### HOMEMADE APPLE CRUMBLE TARTLET €5.50

Served with custard & fresh cream (1, 3, 7, 8)

### CHOCOLATE FUDGE CAKE €5.50

Served chocolate sauce (1, 3, 7, 8)

### WHITE CHOCOLATE CHEESECAKE €5.50

Served with poached berries (1, 3, 7, 8)

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